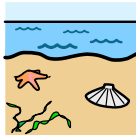


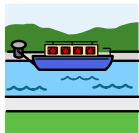
Keeping safe by open water



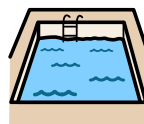
Keeping safe at the beach.



Keeping safe at the river.



Keeping safe at the canal.



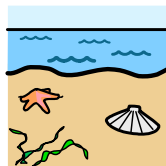
Keeping safe at the swimming pool.



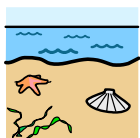
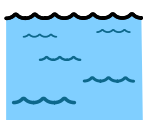
Keeping safe at home.



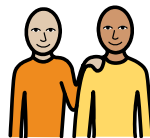
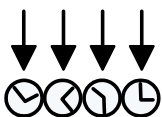
Keeping safe in winter.



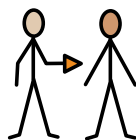
Keeping safe at the beach.



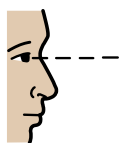
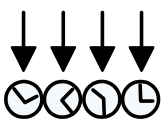
Water at the beach can be dangerous.



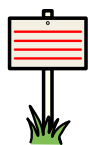
Always stay with family or friends.



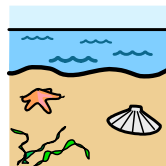
They can help keep you safe.



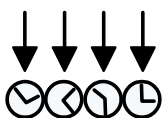
Always look for safety equipment and safety



signs.



Keeping safe at the beach.



Always



swim

where there are



lifeguards.



Listen



to their instructions.

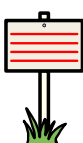


Read

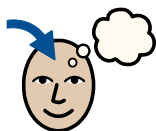
any



safety



signs.



Learn

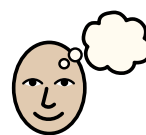
what the



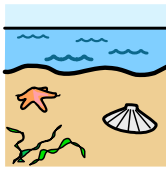
beach



flags



mean.



Beach



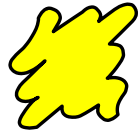
flags



A

red

and



yellow

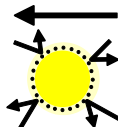


flag

shows this is a



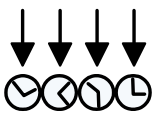
lifeguard



protected



beach.



Always



swim

between these



flags.



A

red

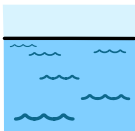
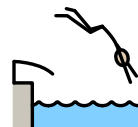
flag

shows that it

dangerous

to

enter

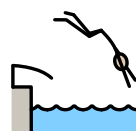


the

sea.

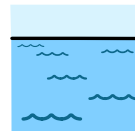


Do not



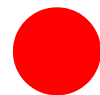
enter

the

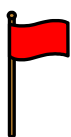


sea

by a

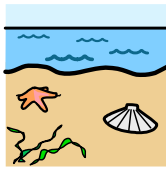


red



flag!

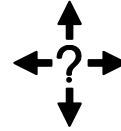
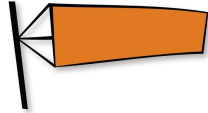




Beach



flags

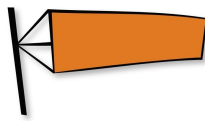


An orange windsock shows the direction of



wind.

If this

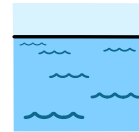


flag



blows

out to



sea,



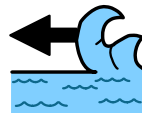
there

may

be



dangerous



currents.



A

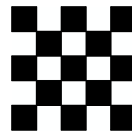
black

and



white

chequered



flag

shows this



is a

surfing

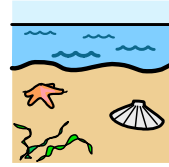
area at the



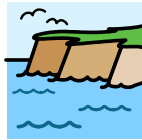
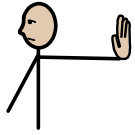
beach.



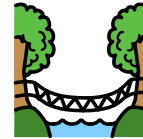
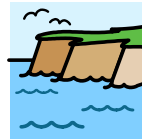
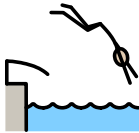
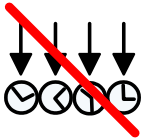
No swimming allowed here.



Keeping safe at the beach.



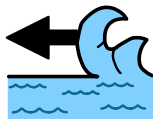
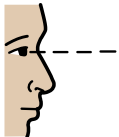
Stay away from cliff edges.



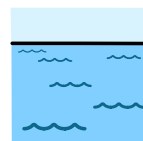
Never jump from high cliffs or bridges.



Be careful around slippery, sharp rocks.

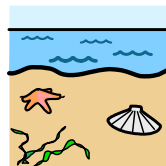


Look for strong currents.

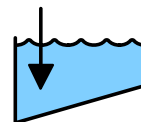
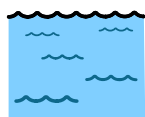


They might push you out to sea.

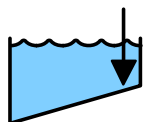




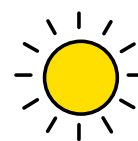
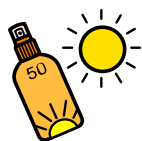
Keeping safe at the beach.



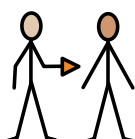
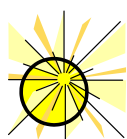
Stay away from water that is too deep or too



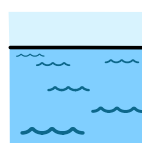
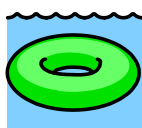
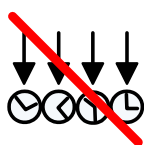
shallow.



Wear suncream and a hat when the sun



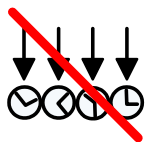
is shining or you might burn.



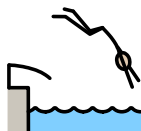
Never use inflatables in the sea.



Keeping safe at the beach.

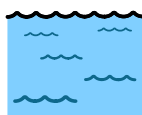


Never



enter

the



water

to



to rescue

anyone or

anything.



In an

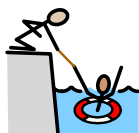
emergency,

call 999

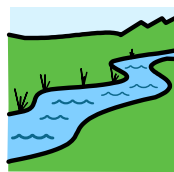
and

wait

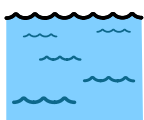
for



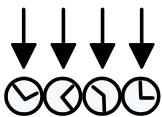
rescue.



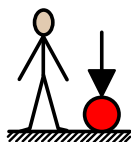
Keeping safe at the river



Water at the river can be dangerous.



Always



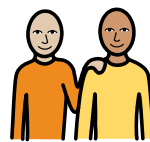
stay

with



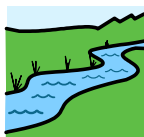
family

or

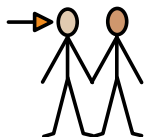


friends

at the



river.



They

can



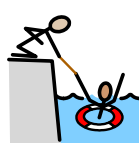
help

keep you safe.



Look

for



rescue

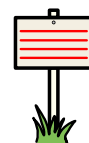


equipment

and



safety



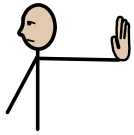
signs



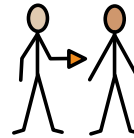
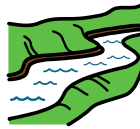
at the river.



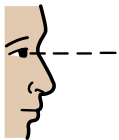
Keeping safe at the river



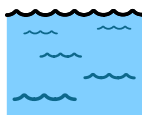
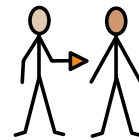
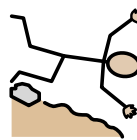
Keep away from the riverbank. You may



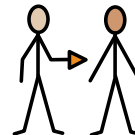
fall in.



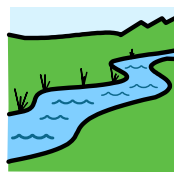
Look out for objects that may trip you up.



The water may be muddy and you may



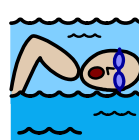
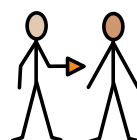
get stuck in the mud.



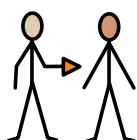
Keeping safe at the river



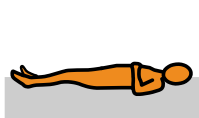
Rivers can be very cold, even in summer.



This will make it difficult for you to swim.



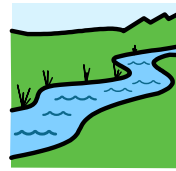
If you fall in, keep calm and float



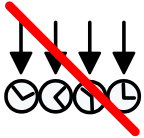
on your back. Shout for help and wait for



rescue.



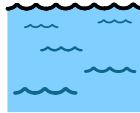
Keeping safe at the river



Never



enter



the water



to

rescue

anyone or

anything.

999



In an emergency,

999



call 999

and



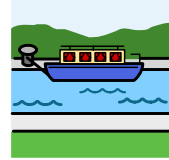
wait

for

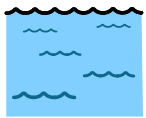


rescue.

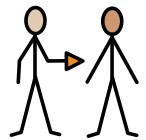
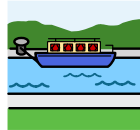




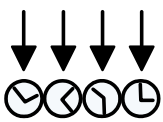
Keeping safe at the canal



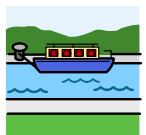
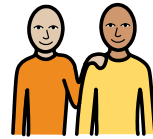
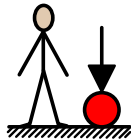
Water at the canal can be dangerous.



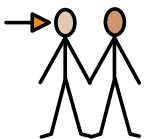
You need to know how to keep safe.



Always stay with family or friends by the

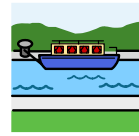


canal.

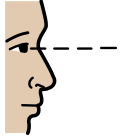


They will help to keep you safe.

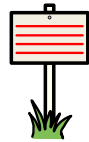




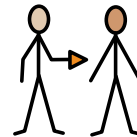
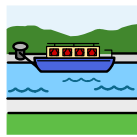
Keeping safe at the canal



Look for rescue equipment and read the



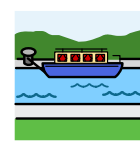
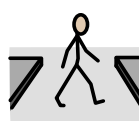
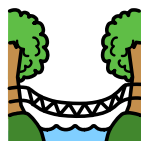
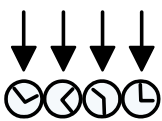
safety signs.



Stay away from the canal edge. You may



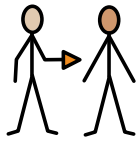
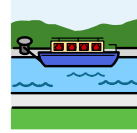
fall in.



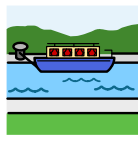
Always use bridges to cross the canal.



Keeping safe at the canal



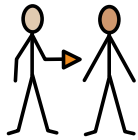
If you fall in the canal,



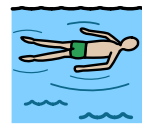
keep calm and



float on your back.



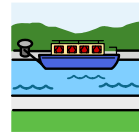
When you are calm and floating,



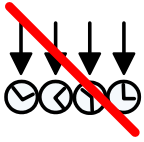
shout for



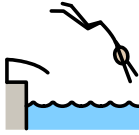
help.



Keeping safe at the canal

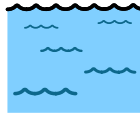


Never



enter

the



water

to



rescue

anyone or

anything.

999



In an emergency,

999



call 999

and

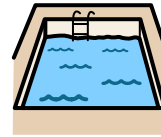


wait

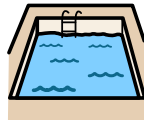
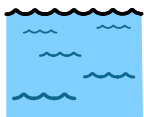
for



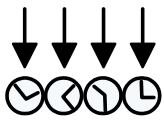
rescue.



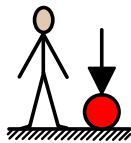
Keeping safe at the swimming pool



Water at the swimming pool can be dangerous.



Always



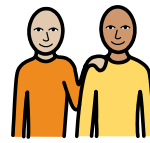
stay

with



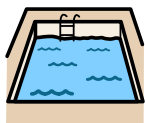
family

or



friends

at the



swimming pool.



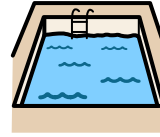
They can

help

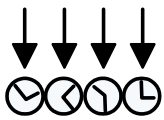
keep you



safe.



Keeping safe at the swimming pool



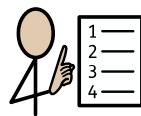
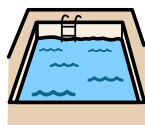
Always listen to the instructions of the



lifeguards.



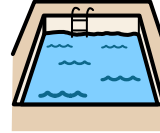
Lifeguards are there to keep you safe.



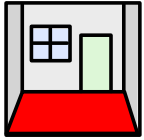
Obey swimming pool rules.



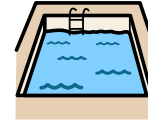
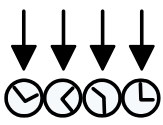
Read any safety signs.



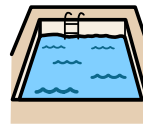
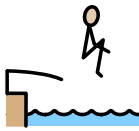
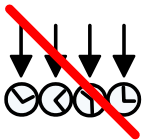
Keeping safe at the swimming pool



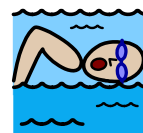
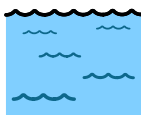
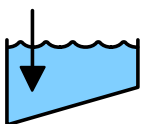
Floors can be slippery when they are wet.



Always walk by the side of the swimming pool.



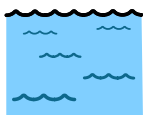
Never divebomb into the swimming pool.



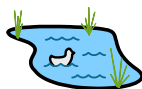
Deep water is for good swimmers only.



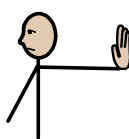
Keeping safe at home



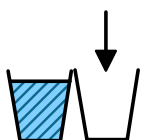
Water in the garden can be dangerous.



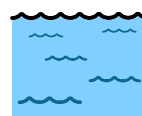
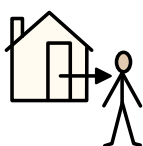
Be careful around ponds, pools and lakes



close to home. Stay away from the edge.



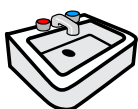
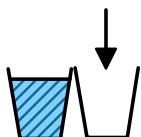
Empty paddling pools and buckets after use.



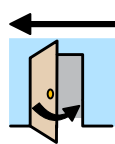
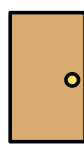
Cover all outdoor containers of water.



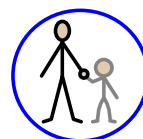
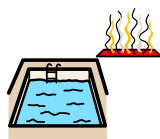
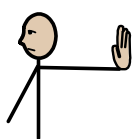
Keeping safe at home



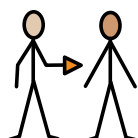
Empty sinks and baths after use.



Keep the washing machine door closed.



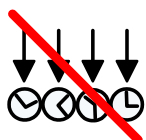
Stay away from hot tubs unless your parent or



carer is with you.



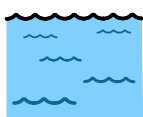
Keeping safe at home



Never



enter



water

to



rescue

anyone or

anything.

999



In an

emergency,

999



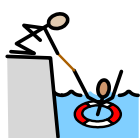
call 999

and



wait

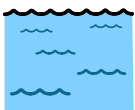
for



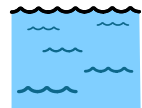
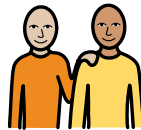
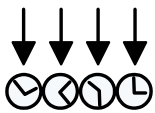
rescue.



Keeping safe in the winter



Open water in the winter can be dangerous.



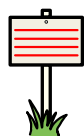
Always stay with family or friends by open water.



They can help to keep you safe.



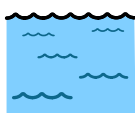
Look for rescue equipment and read any



safety signs.



Keeping safe in the winter



Water



may



freeze

in



winter.



The

ice

can be



very



thin

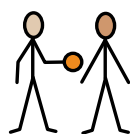
and



may



not

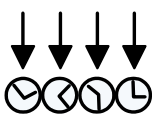


support

your



weight.

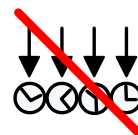


Always



keep

away from the edge and



never



walk



onto the

ice

for any reason.



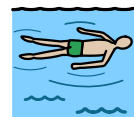
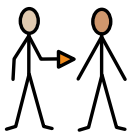
Keeping safe in the winter



Keep dogs on a lead.



They may run onto the ice.



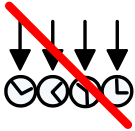
If you fall in freezing water float



on your back. When calm, shout for help.



Keeping safe in the winter

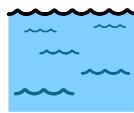


Never



enter

the

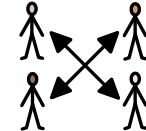


water

to



rescue



anyone

or

anything.

999



In an emergency,

999



call 999 and



wait

for



rescue.